

**Infection control procedures
Russ Family Chiropractic, LLC
January 2021 revision**

As of the end of February 2021, all of the employees of Russ Family Chiropractic have received two dose of Moderna COVID vaccine.

1. Communication

We will continue to communicate with patients regarding clinic's status (open/closed), available care and new policies via email, phone, text, announcements on website, and reminders through BookedIn.

2. Telehealth

Telehealth will be used for consultations, functional lab evaluations and interpretations, prescreening of patients, and Pilates mat sessions. The list of services available may change without being reflected in this document.

Telehealth does not change our requirements for record keeping. Telehealth is a delivery method, not alteration to standard of care.

3. Masks

Providers wear a mask anytime a patient or other person is in the clinic. N95 masks are allowed. Patients wear masks unless the procedure being performed requires removal of the mask.

4. Screening

We will use screening measures for both patients and staff before they enter the office. Staff who can not or will not agree to these can not work. Patients who can not or will not agree to these screening measures will be seen via telehealth.

Staff

- Daily forehead temperature and PO2 recordings, and an acknowledgement that they (or to the best of their knowledge anyone they had close physical contact with) have not had any relevant symptoms.
- If we have a fever or close physical contact with any individual with cold or flu like symptoms, we will be tested for COVID and will not return to work until we test negative.

6. Sanitation

All CDC and OHA requirements for sanitation and staff hygiene are strictly followed.

Effective cleaning of equipment and personnel between each patient visit. We will maintain proper and sufficient supplies to comply with sanitation requirements.

70% ABV (alcohol by volume) solution sprayed and spread evenly on a surface, left for at least 30 seconds, is sufficient per the CDC. This is used on face cradles, door handles, light switches, bathroom keys, desktop surfaces, shelves, and on the sink and countertop. We will avoid using bleach as it is a possible respiratory irritant, requires longer contact with surfaces,

and would damage wood and cloth surfaces.

- Have changes of clothing available if unexpected contact occurs. Staff are able to wear gowns over clothes if they want, and they should be put in the dirty laundry bag after each use.

7. Physical distance

We will keep physical distance between people, and eliminate contact with shared surfaces and between individuals.

- Space appointments in such a way to allow cleaning of the treatment room and equipment. A normal 30 minute patient slot is now 45 minutes; a normal 15 minute break after a massage is now 30 minutes.
- Space appointments in such a way as to avoid having more than one patient entering or exiting the clinic at a time.
- Remove all magazines and toys from the waiting area and treatment rooms
- Patients wait until we text / call them to come into the clinic. Upon arrival, the room is clean and the waiting room is empty.
- As usual, each patient's visit is confined to one room, and each provider only contacts one patient at a time.
- Payment, copays or deductibles will be processed before or after the care electronically via Square invoice.
- Scheduling will be done electronically by the patient from their own devices outside of the clinic space.
- Restroom keys will be sanitized after every use.

8. Closure.

If any member of the clinic staff is diagnosed with COVID-19, we will immediately discontinue offering care and analyze whether the clinic can stay open and under what conditions and will comply with reporting requirements.

10. Scope of practice

At no time will we offer or advertise any prevention or treatment for COVID-19.